



Alpine Space Transnational Governance of Active and Healthy Ageing

International conference and 3rd **TGB** meeting

NIJZ, on-line, Wednesday, 2nd December 2020 at 8:50 - 15:45 (CET)





PARTNERS



















2020









INVITATION

ASTAHG – Alpine Space Transnational Governance of Active and Healthy Ageing

Conference entitled: SUPPORTING OLDER PEOPLE IN REMOTE AREAS IN THE TIME OF COVID19

2nd December 2020, all day event

The National Institute of Public Health in Slovenia (NIJZ) as project partner of The Alpine Space Transnational Governance of Active and Healthy Ageing (ASTAHG) project, co-financed by the European Union via Interreg Alpine Space, is organizing an international conference, bringing together key stakeholders to share knowledge and discuss the challenges and solutions to improve the quality of life of older people in remote areas.

We would like to invite you to attend the conference entitled: SUPPORTING OLDER PEOPLE IN REMOTE AREAS IN THE TIME OF COVID19 which will take place online on Wednesday 2^{nd} December 2020.

With the proportion of older adults increasing, active and healthy ageing (AHA) policies are being promoted in several Alpine Space (AS) regions. Authorities from different sectors should coordinate their efforts and work with private organizations, local authorities and researchers to address the topic as effectively as possible. The ASTAHG event will provide information on the challenges of designing, implementing and evaluating public policies in remote areas.

Furthermore, older people have been greatly impacted by the COVID-19 emergency. Even though they have witnessed various drastic changes during their lifetime, the current epidemic has created unprecedented and unexpected hardships. The aim of the conference is to present experiences and good practices already promoted in the past months to address this health crisis.

The ASTAHG event will include also the 3rd meeting of the Transnational Governance Board (TGB), that will focus on the innovative solutions for AHA in response to COVID19.

During the conference various challenges will be highlighted with the help of experts from different fields and effective solutions for improving the quality of life of older people in remote areas will be illustrated.

We look forward to welcoming you to the conference. Due to limitations on the number of participants please make sure you register by November 25 at the following link: https://www.1ka.si/a/304844.

No one can win this challenge alone and no one must be left behind. Together we can do more!









AGENDA OF THE CONFERENCE

SUPPORTING OLDER PEOPLE IN REMOTE AREAS IN THE TIME OF COVID19

08.50-9.00	Arrival
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Introduction and welcome	
9:00-9:30 Ministry of Health	
9:00-9:30	Ministry of Health National Institute of Public Health
	Leader of the ASTAHG project - Gian Matteo Apuzzo, FVG
Session 1: "Informing Active Ageing policies through research – Experiences from the ASTAHO	
project"	joining Active Ageing policies unough research - Experiences from the ASTATIO
Moderated by Monika Robnik Levart, NIJZ	
9:30-10:00	- Multidimensional governance for active ageing – a model to facilitate shared
	decision making
	dr. Christian E.H. Boehler, European Centre for Social Welfare Policy and Research
	- Indices to quantify progress in active ageing – state of the art and challenges
	Annemarie Müllauer, University of Salzburg — Centre for Ethics and Poverty Research
	- Multicriteria decision analysis to support cross-sectorial decision making in AHA
	dr. Christian E.H. Boehler, European Centre for Social Welfare Policy and Research
10:00 – 10:10	Discussion
10:10 – 10:20	Break
Session 2: Transnational Governance Board Session – part 1	
Round table with NIJZ ASTAHG stakeholders	
Moderated by dr. Mojca Gabrijelcic Blenkuš, NIJZ	
10:20-10:35	National institute of Public Health (NIJZ) contribution to ASTAHG project (stakeholder
	survey)
	dr. Mojca Gabrijelčič Blenkuš, Andreja Mezinec, Monika Robnik Levart, Ria Jagodic (all
	NIJZ); dr. Luka Kronegger, Faculty of Social Sciences- University of Ljubljana
10:35-11:50	Round table with NIJZ ASTAHG stakeholders
	- mag. Klavdija Kobal Straus, Ministry of Health Slovenia (tbc)
	- Anita Bregar, CSD Jesenice
	- Uroš Brežan, Municipality Tolmin
	- Eva Pejić, Health center Tolmin
	- Representative of the industry – <i>(tbd)</i>
	Reflection by: dr. Luka Kronegger, Faculty of Social Sciences- University of Ljubljana
11:50 – 12:00	Break









Session 3: Transnational Governance Board Session – part 2 "Innovation for Active and Healthy Ageing in response to Covid-19" Moderated by Gian Matteo Apuzzo, FVG and Mojca Gabrijelčič Blenkuš, NIJZ 12:00-13:10 Initiatives in Europe for AHA in response to Covid-19: round table and discussion Introduction - Gian Matteo Apuzzo NET4AGE-FRIENDLY COST Action; Carina Dantas, CARITAS COIMBRA Accurate and fast services for prevention of loss of autonomy: experimentation of a dedicated smartphone application and organization; Fahrudin Bajric, **PSPPACA** TreCovid19 app; Riccardo Farina, PROVINCIA AUTONOMA DI TRENTO Initiatives for the elderly during the COVID-19 health emergency: examples from the Alpine Space; Elda Osmenaj, AREA SCIENCE PARK The TAAFE project and innovative solutions in Treviso; Luana Rotari, COMUNE DI TREVISO and Oscar Zanutto, I.S.R.A.A. Social Innovation and ageing in response to Covid-19; Julia Wadoux, AGE **PLATFORM** 13:10-14:10 Lunch break Session 4: "Covid -19 impact on Active Ageing in rural areas around the world" Moderated by Ria Jagodic, NIJZ 14:10 - 14:25 | Covid 19 impact on care of older people: State Response Dr. Arvind Mathur, Asian Centre for Medical Education India 14:25 - 14:40 Keeping well at home: Greater Manchester's collaborative response to enable older people and those shielding to remain active, healthy and well during covid-19 national lockdown measures Jane Mcdermott, University of Manchester Tackling ageism during a global health crisis 14:40 - 14:55 dr. Christian E.H. Boehler, European Centre for Social Welfare Policy and Research 14:55 - 15:10 Mental health support during COVID-19: using existing services to address new needs Matej Vinko, NIJZ 15:10 - 15:25 Challenge and opportunity in the post-Covid19 Era: for a new design of active and healthy aging Dr. Astrid Stuckelberger, GINA 15:25 - 15:35 Discussion 15:35- 15:45 Wrap up and closing all day event

Official language will be English.